



# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // [www.mugberiangangadharMahavidyalaya.ac.in](http://www.mugberiangangadharMahavidyalaya.ac.in)

## M.P.ED 3RD SEMESTER INTERNSHIP PROGRAMME REPORT, 2022



**Date 26<sup>th</sup> August 2022 to 29<sup>th</sup> September 2022**

**Organized by**  
Department of Physical Education  
Mugberia Gangadhar Mahabidyalaya  
Bhupatinagar, Purba Medinipur, 721425



# MUGBERIA GANGADHAR MAHAVIDYALAYA

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## Annexure-I

### List of Schools and Name of Students for Internship Program 2022

#### MUGBERIA GANGADHAR MAHAVIDYALAYA

#### DEPARTMENT OF PHYSICAL EDUCATION

List of school and M.P.Ed (Semester-III) students for Internship Program

Session 2021-2023, from 26<sup>th</sup> august to 29<sup>th</sup> September (2022)



Sl. No.	School Name & Address	Students Name & Roll No.
1.	<b>Madhabpur Indra Narayan High School</b> Madhabpur, PurbaMedinipur	02- Aakash Rai (FB) 05- Dibyarup Mondal (VB) 29- Sharmistha Barman (Yoga)
2.	<b>Dubai Rasiknagar Vivekananda Vidyaniketan</b> Maishali, PurbaMedinipur	15- Majhram Hembram (FB) 28- Puspa Raj Tamang (FB) 33- Sukanta Khatua (Kab)
3.	<b>Barbaria Hazravidyapith</b> Barbaria, PurbaMedinipur Aug-26/08/2022 (1.30PM)	3- Biltu Mistri (FB) 21- Ramani Mura (Kab) 32- Sourav Dutta (FB)
4.	<b>Manikjore K.K. High School</b> Manikjore, PurbaMedinipur	01- Anamika Rajak (Yoga) 27- Satyabrata Barman (Cri) 37- Suman Rana (Cri)
5.	<b>Chak-Rasul I.N. Sikshaniketan</b> Lalua, PurbaMedinipur District	06- Dipayan Adhikary (Kab) 24- Rituparna Pal (Badm) 39- Susanta Hembrom (FB)
6.	<b>Championagar S.C. High School</b> Udbadal, PurbaMedinipur District of West Bengal, 721626	09- Insarul Shah (Vb) 17- Nibedita Saren (Kab) 38- Sumi Saren (Kab)
7.	<b>Bhupatinagar Kanya Vidyalaya</b> Bhupatinagar, PurbaMedinipur	18- Payel Chakraborty (Yoga) 26- Saraswati Murmu (FB) 34- Srimati Hembram (Kab) 40- Usha Gurung (FB)
8.	<b>Raghunathchake Gangadhar Vidyalaya</b> Raghunathchake, PurbaMedinipur	11- Kabita Murmu (Kab) 16- Nagen Hembram (FB) 22- Rimpa Betal (Badm)
9.	<b>Baghadari High School</b> Baghadari, PurbaMedinipur	08- Indrajit Mondal (Kabaddi) 14- Mada Hembram (Vb) 20- Rajesh Patra (Vb) 36- Sucheta Saha (Yoga)
10.	<b>Haria Sivaprasad Institute</b> Haria, purbaMedinipur	07- Gita Hansda (Kab) 23- Rita Mandal (Yoga) 25- Sahin Iqbal (VB) 35- Subha Mani (Volleyball)

25/09/2022

H.O.D.

Department of Physical Education

HEAD

Dept. of Physical Education  
Mugberia Gangadhar Mahavidyalaya  
Bhupatinagar, Purba Medinipur, W.B.





# MUGBERIA GANGADHAR MAHAVIDYALAYA

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## Annexture-II

### List of Allocated schools with acceptance letter

Sl. No.	School Name & Address with allocated Students	Acceptance Letter
1.	<b>Madhabpur Indra Narayan High School, (3)</b> (Madhabpur, PurbaMedinipur)  <u><b>Students Name &amp; Roll No:</b></u> <b>02- AukashRai (FB)</b> <b>05- DibyarupMondal (VB)</b> <b>29-Sharmistha Barman (Yoga)</b>	
2.	<b>Dubai Rasiknagar Vivekananda Vidyaniketan, (3)</b> (Maishali, PurbaMedinipur)  <u><b>Students Name &amp; Roll No:</b></u> <b>15- MajhiramHembram (FB)</b> <b>28- Puspa Raj Tamang (FB)</b> <b>33- SukantaKhatua (Kab)</b>	
3.	<b>Barbaria Hazra Vidyapith, (3)</b> (Barbaria, PurbaMedinipur)  <u><b>Students Name &amp; Roll No:</b></u> <b>3- BiltuMistri (FB)</b> <b>21- Ramani Mura (Kab)</b> <b>32- SouravDutta (FB)</b>	
4.	<b>Manikjore K.K. High School, (4)</b> (Manikjore, PurbaMedinipur)  <u><b>Students Name &amp; Roll No:</b></u> <b>01-AnamikaRajak (Yoga)</b> <b>19 Puja Mondal</b> <b>27-Satyabrata Barman (Cri)</b> <b>37-SumanRana (Cri)</b>	



# MUGBERIA GANGADHAR MAHAVIDYALAYA

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 DBT Star College Scheme Award Recipient

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<p>5.</p>	<p><b>Chak-Rasul I.N. Sikshaniketan (3)</b>          (Lalua, PurbaMedinipur District )</p> <p><b>Students Name &amp; Roll No:</b>  <b>06-DipayanAdhikary (Kab)</b>  <b>24-Rituparna Pal (Badm)</b>  <b>39-Susanta Hembrom (FB)</b></p>	
<p>6.</p>	<p><b>Championagar S.C. High School (3)</b>          (Udbadal, PurbaMedinipur District of West Bengal, 721626)</p> <p><b>Students Name &amp; Roll No:</b>  <b>09-Insarul Shah (Vb)</b>  <b>17-Nibedita Saren (Kab)</b>  <b>38-Sumi Saren (Kab)</b></p>	
<p>7.</p>	<p><b>Bhupatinagar Kanya Vidyalaya (4)</b>          (Bhupatinagar, PurbaMedinipur)</p> <p><b>Students Name &amp; Roll No:</b>  <b>18 Payel Chakraborty (Yoga)</b>  <b>26-Saraswati Murmu (FB)</b>  <b>34-Srimati Hembram (Kab)</b>  <b>40-Usha Gurung (FB)</b></p>	
<p>8.</p>	<p><b>Raghnathchake Gangadhar Vidyalaya (3)</b>          (Raghnathchake, PurbaMedinipur)</p> <p><b>Students Name &amp; Roll No:</b>  <b>11-Kabita Murmu (Kab)</b>  <b>16-Nagen Hembram (FB)</b>  <b>22-Rimpa Betal (Badm)</b></p>	

**MUGBERIA GANGADHAR MAHAVIDYALAYA**


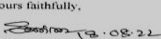

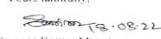
P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA.

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E-mail : [mugberia\\_college@rediffmail.com](mailto:mugberia_college@rediffmail.com) // [www.mugberiangadharimahavidyalaya.ac.in](http://www.mugberiangadharimahavidyalaya.ac.in)

<p>9. <b>Baghadari High School (4)</b> (Baghadari, PurbaMedinipur)</p> <p><b><u>Students Name &amp; Roll No:</u></b>  <b>08-Indrajit Mondal (Vb)</b>  <b>14- Mada Hembram (Vb)</b>  <b>20 Rajesh Patra (VB)</b>  <b>36 Sucheta Saha (Yoga)</b></p>	 <p>Ref. No. M.G.M. / 271/2022 Dated 27/08/2022</p> <p>From: The Principal/Secretary</p> <p>To The Headmaster/Headmistress Baghadari High School Baghadari, Bhupatinagar</p> <p><b>Sub: Internship Programme for M.P.Ed Students</b></p> <p>Sir / Madam</p> <p>I deem it a pleasure to inform you that the Department of Physical Education of our college regularly conducting the Internship Programme for M.P.Ed as per NCTE directives in every academic year in your institution. For this purpose we have selected your extreme institution as a venue.</p> <p>I hope your kind permission to conduct the programme in your school from 26<sup>th</sup> August (2022) to 29<sup>th</sup> September (2022), for two days (Friday &amp; Saturday) in every week.</p> <p>Expecting your kind and positive permission</p> <p>Thanking you</p> <p>Yours faithfully,    (Dr Swapan Kumar Misra)  Principal  Mugheria Gangadhar Mahavidyalaya</p> <p>Received  27/08/2022  Headmaster High School  Baghadari, Bhupatinagar, Dist. Purba Medinipur</p>
<p>10. <b>Haria Sivaprasad Institute (4)</b> Haria, purbaMedinipur</p> <p><b><u>Students Name &amp; Roll No:</u></b>  <b>07- Gita Hansda (Kab)</b>  <b>23- Rita Mandal(Yoga)</b>  <b>25-Sahin Iqbal (VB)</b>  <b>35. Subha Mani (VB)</b></p>	 <p>Ref. No. M.G.M. / 271/2022 Dated 27/08/2022</p> <p>From: The Principal/Secretary</p> <p>To The Headmaster/Headmistress Haria Sivaprasad Institution Haria, purbaMedinipur</p> <p><b>Sub: Internship Programme for M.P.Ed Students</b></p> <p>Sir / Madam</p> <p>I deem it a pleasure to inform you that the Department of Physical Education of our college regularly conducting the Internship Programme for M.P.Ed as per NCTE directives in every academic year in your institution. For this purpose we have selected your extreme institution as a venue.</p> <p>I hope your kind permission to conduct the programme in your school from 26<sup>th</sup> August (2022) to 29<sup>th</sup> September (2022), for two days (Friday &amp; Saturday) in every week.</p> <p>Expecting your kind and positive permission</p> <p>Thanking you</p> <p>Yours faithfully,    (Dr Swapan Kumar Misra)  Principal  Mugheria Gangadhar Mahavidyalaya</p> <p>Received  27/08/2022  Headmaster  Haria Sivaprasad Institution  P.O. Haria, Dist. Purba Medinipur, Pin - 721425</p>





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## INTERNSHIP REPORT 2022

Internship is one of the major and integral components of any professional course of study. An internship is a short-term experience in which we receive training and can build skills in a specific field or career area. Internship is the first footprint of the student in the professional career. In the whole phase of internship, the student or a trainee who works in order to gain experience of work is called an intern and the person who guide in the whole phase is called as supervisor.

An Internship is an integral part of M.P.ED programme. The internship exposure is provided to the students in the 3<sup>rd</sup> semester. It is provided in the 3<sup>rd</sup> semester of the 2years M.P.Ed course because by 1<sup>st</sup> and 2<sup>nd</sup> semester students almost learn everything needed for successful internship programme to happen. Internship provides a practical exposure of the theoretical aspects learned in the course and B.ed whatever learned in the 1<sup>st</sup> two semester. It provides an exposure to taste the bricks and parts of professional life.

All M.P.Ed colleges and the universities running M.P.Ed courses should provide an internship exposure to the student. Internship provides practical exposure to the theoretical aspect studied in the course. It helps in the development of professional ethics and professional competencies within the future teacher.

### The objective of the School Internship

The objectives of school internship are as follows-

- To inculcate in student-teacher different skills essential for teaching-learning process like- skill of blackboard writing, voice modulation, introducing a lesson, explaining a lesson, questioning etc.
- To develop critical writing skills and reflective skills in student teacher
- Develop an understanding of the content and pedagogical principles and various issues and problems related to teaching.
- Develop proper professional attitude, professional ethic, values, and interest. Understand the role and responsibilities of a teacher.
- Familiarize student teachers with important aspects of the existing educational scenario of the state/province concerned.
- To make proper use of different teaching aids/materials.



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During the academic session of 2021-2023, a total of 34 (thirty-four) M.P.Ed. 3<sup>rd</sup> semester students were divided into 10 groups, and every group of 3-4 students was going to visit our selected school to complete their internship programme.

**Total number of M.P.Ed students: 34**

**Number of allocated schools: 10**

**List of Students with allocated schools for Internship Program 2022: Annexure-I**

**List of Allocated schools with acceptance letter: Annexure-II**

**Internship Certificate (given by school Head master): Annexure-III**

**Photograph of Internship 2022: Annexure-IV**

**Sample copy of internship Report: Annexure-V**

**Date: 26<sup>th</sup> August 2022 to 29<sup>th</sup> September 2022**

After the internship is completed, each student creates his own internship notebook and records all the information about each day as well as various information about the school. Every day, the classes are taken, and the feedback of the students is recorded in the internship notebook. At the end of each day, the daily report is signed by the headmaster of the school and recorded in the internship notebook. In the end of Internship, the headmaster of the school gives each student an internship certificate.

Dr. M. Biswas  
(Coordinator)

  
22.11.23  
Dr. Debasish Ray  
(H.O.D)  
11.09.23  
Dr. Swapan Kr. Misra  
(Principal)  
Mugberia Gangadhar Mahavidyalaya



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## Annexure:III

## Internship Certificate

**Raghnathchak Gunadhar Vidyamandir (High School)**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-300 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: raghnathchakvidyamandir2014@gmail.com

Ref. No. \_\_\_\_\_ Date: 12/11/2022

Certified that: Nayen Hembram Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. He is active, Cooperative and dutiful. His total activity is Very impressive, Praise-worthy.

12/11/2022  
Headmaster  
Raghnathchak Gunadhar Vidyamandir  
P.O. Bhupatinagar, Purba Medinipur

**Manikjore Kamini Kumari High School (H.S.)**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-112 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: manikjorekaminihighschool@gmail.com

Ref. No. \_\_\_\_\_ Date: 25/11/2022

Certified that: Manikjore Kamini Kumari Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. She is active, Cooperative and dutiful. Her total activity is Very impressive, Praise-worthy.

25/11/2022  
Headmaster  
Manikjore Kamini Kumari High School  
P.O. Bhupatinagar, Purba Medinipur

**HARIA SIVA PRASAD INSTITUTION**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-201 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: hariasivaprasadinstitution@gmail.com

Ref. No. 974/HSP Date: 12/11/2022

Certified that: Haria Siva Prasad Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. He is active, Cooperative and dutiful. His total activity is Very impressive, Praise-worthy.

12/11/2022  
Headmaster/Secretary  
Haria Siva Prasad Institution  
P.O. Bhupatinagar, Purba Medinipur

**Baghdari Deshapran High School (H.S.)**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-222 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: baghdarihighschool@gmail.com

Ref. No. \_\_\_\_\_ Date: 12/11/2022

Certified that: Sucheta Saha Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. She is active, Cooperative and dutiful. Her total activity is Very impressive, Praise-worthy.

12/11/2022  
Headmaster/Secretary  
Baghdari Deshapran High School  
P.O. Bhupatinagar, Purba Medinipur

**BHUPATINAGAR KANYA VIDYALAYA**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-105 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: bhupatinagarkanyavidyalaya@gmail.com

Ref. No. \_\_\_\_\_ Date: 12/11/2022

Certified that: Usha Gurung Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. She is active, Cooperative and dutiful. Her total activity is Very impressive, Praise-worthy.

12/11/2022  
Headmaster/Secretary  
Bhupatinagar Kanya Vidyalaya  
P.O. Bhupatinagar, Purba Medinipur

**CHAMPAINAGAR S.C. HIGH SCHOOL (H.S.)**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-223 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: champainagarschighschool@gmail.com

Ref. No. \_\_\_\_\_ Date: 12/11/2022

Certified that: Sumi Saren Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. She is active, Cooperative and dutiful. Her total activity is Very impressive, Praise-worthy.

12/11/2022  
Headmaster/Secretary  
Champainagar S.C. High School  
P.O. Bhupatinagar, Purba Medinipur

**Raghnathchak Gunadhar Vidyamandir (High School)**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-300 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: raghnathchakvidyamandir2014@gmail.com

Ref. No. \_\_\_\_\_ Date: 12/11/2022

Certified that: Nayen Hembram Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. He is active, Cooperative and dutiful. His total activity is Very impressive, Praise-worthy.

12/11/2022  
Headmaster  
Raghnathchak Gunadhar Vidyamandir  
P.O. Bhupatinagar, Purba Medinipur

**Manikjore Kamini Kumari High School (H.S.)**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-112 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: manikjorekaminihighschool@gmail.com

Ref. No. \_\_\_\_\_ Date: 25/11/2022

Certified that: Manikjore Kamini Kumari Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. She is active, Cooperative and dutiful. Her total activity is Very impressive, Praise-worthy.

25/11/2022  
Headmaster  
Manikjore Kamini Kumari High School  
P.O. Bhupatinagar, Purba Medinipur

**HARIA SIVA PRASAD INSTITUTION**  
Bhupatinagar • Purba Medinipur • 721425  
[Index No. : V2-201 • Udlse. Cd.-1019201340]  
Contact : 9433436110 :: hariasivaprasadinstitution@gmail.com

Ref. No. 974/HSP Date: 12/11/2022

Certified that: Haria Siva Prasad Student of M.P.Ed Course of Mugberia Gangadhar Mahavidyalaya under V.U. attended the Captained Institution for Practice Teaching for 11 days. He is active, Cooperative and dutiful. His total activity is Very impressive, Praise-worthy.

12/11/2022  
Headmaster/Secretary  
Haria Siva Prasad Institution  
P.O. Bhupatinagar, Purba Medinipur





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Mob. No. 7548036702 / 9474975657  
**Baghadari Deshapran High School (H.S.)**  
 Estd. - 1960  
 e-mail id: bds1960@gmail.com  
 Index No. : V2-222 + H.S. Code No. 105917 + Voc. Code No-3188  
 VIII. Ekterpur + P.O. & R.S. - Bhupatinagar + Dist. - Purba Medinipur + Pin-721425  
 Name : SUCHETA SAHA Date : 12.11.2022  
 From :  
 The Headmaster / Secretary,  
**To Whom It May Concern**  
 This is to certify that Sucheta Saha, a student of the M.P.Ed. Course of Mugberia Gangadhar Mahavidyalaya under Department of Physical Education, attended the Internship in our institution on and from 26/08/2022 to 12/11/2022 for the Session 2021-2023. Her mode of conducting the Practice Teaching and preparation of Lesson Plans are praiseworthy. Her fair and square dealings has pleased everyone around her. I have also evaluated her Lessons Plans and Teaching Aids. All sorts of co-operation from the school have been provided to make her internship a grand success. She bears to the best of my knowledge and belief a good moral character.  
 I wish her a bright career in life.

**BHUPATINAGAR KANYA VIDYALAYA**  
 (Higher Secondary) Code No. 105275  
 P.O.-BHUPATINAGAR + DIST. - PURBA MEDINIPUR  
 Index No. - V2-166 + U. Dist. No. 19912604  
 Ref. No. : ..... Date : 12.11.2022  
 From : Secretary / Headmistress TIC.  
 To : .....  
**To Whom It May Concern**  
 This is to certify that Usha Gurung, bearing Roll-PG/VUEG532/PED-1115 No. 21040 (M.P.Ed 3<sup>rd</sup> Semester, Session 2021-2023), a student of Mugberia Gangadhar Mahavidyalaya joins here on 26.08.2022 for Internship & Practice Teaching and completed it on 12.11.2022. During this period Miss. Gurung was regular and sincere to the task given her. She behaves very nice with my students, staff and official staff and did the work with deep attention.  
 I wish her success in life.  
 HEADMISTRESS  
 Bhupatnagar Kanya Vidyalaya  
 P.O. - Bhupatinagar, 721425  
 Dist. - Purba Medinipur

From :  
 The Headmaster/Administrator, E-mail id: chamchha@gmail.com  
**CHAMPAINAGAR S.C HIGH SCHOOL (H.S.)**  
 Estd. - 1968  
 P.O.-Uthbada, P.S.- Bhupatinagar, Block- Bhagwanpur II,  
 S.D.- Contal, Dist- Purba Medinipur, Pin- 721425.  
 Index No:- V2-223 + H.S. Code:- 105927 + VTC Code:- 3126 + U-DISE-19192010705  
 Ref. No. : ..... Date : 12.11.2022  
**Certificate of Internship Programme**  
 I am glad to certify that an Internship Programme of M.P.Ed student (3rd Semester) of Mugberia Gangadhar Mahavidyalaya, VIII P.O.-Bhupatinagar, Dist- Purba Medinipur was occurred on and from 26/08/2022 to 12/11/2022 without holidays successfully by Sumi Saren, S/O - Suktal Saren, Rolli-PG/VUEG532/PED-15, No.-21038, Reg. No. 1460549 of 2016-17 for the session 2021-2023 in our school. He has discharged his duties regularly and punctually.  
 I wish him luminous life in future.  
 Teacher-in-charge  
 Champainagar S.C. High School (H.S.)  
 P.O.-Uthbada, Dist- Purba Medinipur

H.S. Code No. - 105175  
 E-mail id: hsi1960@gmail.com  
**HARIA SIVA PRASAD INSTITUTION**  
 (Matthayam / Higher Secondary School with Science, Arts & Agriculture)  
 Estd. - 1957  
 P.O. - Haria + Dist. - Purba Medinipur  
 Ref. No. : V2-204 + H.S. Code No. 1032201270-204 + U. Dist. No. 19912604  
 Date : 12.11.2022  
 From :  
 Headmaster/Secretary  
**CERTIFICATE OF INTERSHIP PROGRAMME**  
 I am glad to certify that an Internship Programme of M.P.Ed. student (3<sup>rd</sup> semester) of Mugberia Gangadhar Mahavidyalaya, P.O. - Bhupatinagar, Dist- Purba Medinipur was occurred on and from 26/08/2022 to 12/11/2022 without holidays successfully by Haris Siva Prasad, S/O - Haris Siva Prasad, Haria - PG/VUEG532/PED-116, No. 21007, Reg. No. 139134 of 2016-2017 for the session 2021-2023 in our school. He has discharged his duties regularly and punctually.  
 I wish him luminous life in future.  
 Date: 12/11/2022  
 Headmaster/Secretary  
 Haria Siva Prasad Institution (H.S.)

**Raghunathchak Gunadhar Vidyamandir (High School)**  
 P.O. - Bhupatinagar + Dist. - Purba Medinipur + Pin-721425  
 (Index No. : V2-300 + Udist. Cd. -1919201340)  
 Contact : 9433436110 II. raghunathchakgunadharvidyamandir2014@gmail.com  
 Ref. No. : ..... Date : 12.11.2022  
 Certified that Rahita Munim, Student of M.P.Ed. Course of Mugberia Gangadhar Mahavidyalaya under V. U. attended the Captioned Institution for Practice Teaching for 11 days. She is active, Cooperative and dutiful. Her total activity is very impressive, praiseworthy.  
 Date: 12/11/2022  
 Headmaster/Secretary  
 Raghunathchak Gunadhar Vidyamandir  
 P.O. - Bhupatinagar, Dist- Purba Medinipur

Mob. No. 7548036702 / 9474975657  
**Baghadari Deshapran High School (H.S.)**  
 Estd. - 1960  
 e-mail id: bds1960@gmail.com  
 Index No. : V2-222 + H.S. Code No. 105917 + Voc. Code No-3188  
 VIII. Ekterpur + P.O. & R.S. - Bhupatinagar + Dist. - Purba Medinipur + Pin-721425  
 Name : Indrajit Mondal Date : 12.11.2022  
 From :  
 The Headmaster / Secretary,  
**To Whom It May Concern**  
 This is to certify that Indrajit Mondal, a student of the M.P.Ed. Course of Mugberia Gangadhar Mahavidyalaya under Department of Physical Education, attended the Internship in our institution on and from 26/08/2022 to 12/11/2022 for the Session 2021-2023. His mode of conducting the Practice Teaching and preparation of Lesson Plans are praiseworthy. His fair and square dealings has pleased everyone around him. I have also evaluated his Lessons Plans and Teaching Aids. All sorts of co-operation from the school have been provided to make his internship a grand success. He bears to the best of my knowledge and belief a good moral character.  
 I wish him a bright career in life.  
 Date: 12.11.2022  
 Headmaster/Secretary  
 Baghadari Deshapran H.S.,  
 P.O.-Bhupatinagar, Dist- Purba Medinipur

From :  
 The Headmaster/Administrator, E-mail id: chamchha@gmail.com  
**CHAMPAINAGAR S.C HIGH SCHOOL (H.S.)**  
 Estd.-1969  
 P.O.-Uthbada, P.S.- Bhupatinagar, Block- Bhagwanpur II,  
 S.D.- Contal, Dist- Purba Medinipur, Pin- 721425.  
 Index No:- V2-223 + H.S. Code:- 105927 + VTC Code:- 3126 + U-DISE-19192010705  
 Ref. No. : ..... Date : 12.11.2022  
**Certificate of Internship Programme**  
 I am glad to certify that an Internship Programme of M.P.Ed student (3rd Semester) of Mugberia Gangadhar Mahavidyalaya, VIII P.O.-Bhupatinagar, Dist- Purba Medinipur was occurred on and from 26/08/2022 to 12/11/2022 without holidays successfully by Insarul Shah, S/O. - Piar Ali Shah, Rolli-PG/VUEG532/PED-15, No.-21009, Reg. No. 00981 of 2016-17 for the session 2021-2023 in our school. He has discharged his duties regularly and punctually.  
 I wish him luminous life in future.  
 Date: 12/11/2022  
 Teacher-in-charge  
 Champainagar S.C. High School (H.S.)  
 P.O.-Uthbada, Dist- Purba Medinipur

**Dubai Rasiknagar Vivekananda Vidyayatan (H.S.)**  
 VOC. Code-3324 Estd.-1968 Index No.-V2-062 H.S. Code-105852  
 P.O.-Maishali + Block-Bhagwanpur II + Dist.-Purba Medinipur + Pin-721434  
 Ref. No. : ..... Date : 12.11.2022  
 From :  
 The Secretary/Headmaster  
**TO WHOM IT MAY CONCERN**  
 This is to certify that Mr. Majhram Hembram, a running student of M.P.Ed. Roll-PG/VUEG532/PED-15 No-21015, of Mugberia Gangadhar Mahavidyalaya has carried out all the duties as a trainee-teacher in this school since 26/08/2022 to 12/11/2022 maintaining all the protocols, rules and regulations of the school in each and every respect.  
 He is sincere, dutiful, punctual, and student friendly. I wish him every success in life.  
 Date: 12.11.2022  
 Teacher-in-charge  
 Dubai Rasiknagar Vivekananda Vidyayatan

Mob. No. 7548036702 / 9474975657  
**Baghadari Deshapran High School (H.S.)**  
 Estd. - 1960  
 e-mail id: bds1960@gmail.com  
 Index No. : V2-222 + H.S. Code No. 105917 + Voc. Code No-3188  
 VIII. Ekterpur + P.O. & R.S. - Bhupatinagar + Dist. - Purba Medinipur + Pin-721425  
 Name : Mada Hembram Date : 12.11.2022  
 From :  
 The Headmaster/Secretary,  
**To Whom It May Concern**  
 This is to certify that Mada Hembram, a student of the M.P.Ed. Course of Mugberia Gangadhar Mahavidyalaya under Department of Physical Education, attended the Internship in our institution on and from 26/08/2022 to 12/11/2022 for the Session 2021-2023. Her mode of conducting the Practice Teaching and preparation of Lesson Plans are praiseworthy. Her fair and square dealings has pleased everyone around her. I have also evaluated her Lessons Plans and Teaching Aids. All sorts of co-operation from the school have been provided to make her internship a grand success. She bears to the best of my knowledge and belief a good moral character.  
 I wish her a bright career in life.  
 Date: 12.11.2022  
 Headmaster/Secretary  
 Baghadari Deshapran H.S.,  
 P.O.-Bhupatinagar, Dist- Purba Medinipur









# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College  
CPE (Under UGC XII Plan) & NCTE Approved Institutions  
DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // www.mugberiangangadharmahavidyalaya.ac.in

**BHUPATINAGAR KANYA VIDYALAYA**  
(Higher Secondary) Code No.-105275  
ESTD-1950  
P.O.—BHUPATINAGAR • DIST.—PURBA MEDINIPUR  
Index No.- V2-166 • Dist. No. 192012604

Ref. No. \_\_\_\_\_ Date 12.11.2022  
From : Secretary / Headmistress / TIC  
To \_\_\_\_\_

**To Whom It May Concern**

This is to certify that Srimati Hembram, bearing Roll-PG/VUEGS32/PED-IIS No- 21034 (M.P.Ed 3<sup>rd</sup> Semester, Session 2021-2023), a student of Mugberia Gangadhar Mahavidyalaya joins here on 26.08.2022 for Internship & Practice Teaching and completed it on 12.11.2022. During this period Srimati Hembram was regular and sincere to the task given her. She behaves very nice with my students, staff and official staff and did the work with deep attention.

I wish her success in life.

HEADMISTRESS  
Headmistress  
Bhupatnagar Kanya Vidyalaya  
P.O. Bhupatnagar, 721425  
Dist. Purba Medinipur

**BHUPATINAGAR KANYA VIDYALAYA**  
(Higher Secondary) Code No.-105275  
ESTD-1950  
P.O.—BHUPATINAGAR • DIST.—PURBA MEDINIPUR  
Index No.- V2-166 • Dist. No. 192012604

Ref. No. \_\_\_\_\_ Date 12.11.2022  
From : Secretary / Headmistress / TIC  
To \_\_\_\_\_

**To Whom It May Concern**

This is to certify that Payel Chakraborty, bearing Roll-PG/VUEGS32/PED-IIS No- 21018 (M.P.Ed 3<sup>rd</sup> Semester, Session 2021-2023), a student of Mugberia Gangadhar Mahavidyalaya joins here on 26.08.2022 for Internship & Practice Teaching and completed it on 12.11.2022. During this period Miss. Chakraborty was regular and sincere to the task given her. She behaves very nice with my students, staff and official staff and did the work with deep attention.

I wish her success in life.

HEADMISTRESS  
Headmistress  
Bhupatnagar Kanya Vidyalaya  
P.O. Bhupatnagar, 721425  
Dist. Purba Medinipur

From The Headmaster/Administrator, email: barbariahazra@shopify.com  
**BARBARIA HAZRA VIDYAPITH (H.S.)**  
(General with Science, Arts & Vocational Training)  
P.O.-Barbaria S.D.-Contal P.S.-Bhupatnagar,  
Dist.-Purba Medinipur Block-Bhagwanpur-II,  
M.P.Index No-V2-055 • H.S. Code-05412 • Vocational HSY-3066  
Pin Code No-721626  
Ref. No. T/P/H/E/J/22 (2) Date: 12.11.2022

**Certificate of Internship Programme**

I am glad to certify that an Internship Programme of M.P.Ed student (3<sup>rd</sup> Semester) of Mugberia Gangadhar Mahavidyalaya, P.O.—Bhupatnagar, Dist.—Purba Medinipur was occurred on and from 26/08/2022 to 12/11/2022 without holidays successfully by Sourav Dutta, S/O - Rajesh Dutta, Roll- PG/VUEGS32/PED-IS, No.- 21032, Reg. No.- 1362058 of 2016-17 for the session 2021-2023 in our school. He has discharged his duties regularly and punctually.

I wish him luminous life in future.

HEADMASTER  
Headmaster  
Barbaria Hazra Vidyapith (H.S.)  
Barbaria Hazra Vidyapith (H.S.)  
Barbaria, Purba Medinipur

**Dubai Rasiknagar Vivekananda Vidyayatan (H.S.)**  
VOC. Code-3324 Estd.-1968 Index No.-V2-062 H.S. Code-105852  
P.O.-Maishali • Block-Bhagwanpur-II • Dist.-Purba Medinipur • Pin-721434

Ref. No. \_\_\_\_\_ Date 12.11.2022  
From : The Secretary/Headmaster  
To \_\_\_\_\_

**TO WHOM IT MAY CONCERN**

This is to certify that Mr. Puspapaj Tamang, a running student of M.P.Ed. Roll-PG/VUEGS32/PED-IS No-21028, of Mugberia Gangadhar Mahavidyalaya has carried out all the duties as a trainee-teacher in this school since 26/08/2022 to 12/11/2022 maintaining all the protocols, rules and regulations of the school in each and every respect.

He is sincere, dutiful, punctual, and student friendly. I wish him every success in life.

Date: 12.11.2022

TEACHER-IN-CHARGE  
Dubai Rasiknagar Vivekananda Vidyayatan  
P.O. Maishali, P.S. Bhupatnagar  
Dist. Purba Medinipur

**Manikjore Kamini Kumari High School (H.S.)**  
ESTD-1926  
VOC. Code-3323  
H.S. Code-105328 Index No.- V2-112  
E-mail: manikjorkh1926@gmail.com Website: www.manikjorkhighschool.org.in  
P.O. MANIKJORE • Block-Bhagwanpur-II • Dist.-Purba Medinipur • Pin-721456

Ref. No. \_\_\_\_\_ Date 25.11.2022  
From : Head-Master  
To \_\_\_\_\_

**Certificate of Internship Programme**

This is to certify that an Internship Programme of M.P.Ed student (3<sup>rd</sup> Semester) of Mugberia Gangadhar Mahavidyalaya, P.O.—Bhupatnagar, Dist.—Purba Medinipur was held on and from 26/08/2022 to 12/11/2022 sans holidays SATYABRATA BARMAN, S/O- DEBABRATA CHANDRA BARMAN, Roll- PG/VUEGS32/PED-IIS, NO- 21027, Reg No-00973 of 2021-2022 for the Session 2021-2022 successfully completed it in our school. He has performed his duties regularly and punctually.

I wish him luminous life in future.

Principal Tripathy  
Head of the Institution  
Manikjore K.H. High School (H.S.)  
Manikjore - Purba Medinipur

**Dubai Rasiknagar Vivekananda Vidyayatan (H.S.)**  
VOC. Code-3324 Estd.-1968 Index No.-V2-062 H.S. Code-105852  
P.O.-Maishali • Block-Bhagwanpur-II • Dist.-Purba Medinipur • Pin-721434

Ref. No. \_\_\_\_\_ Date 12.11.2022  
From : The Secretary/Headmaster  
To \_\_\_\_\_

**TO WHOM IT MAY CONCERN**

This is to certify that Mr. Sukanta Khatua, a running student of M.P.Ed. Roll-PG/VUEGS32/PED-IS No-21033, of Mugberia Gangadhar Mahavidyalaya has carried out all the duties as a trainee-teacher in this school since 26/08/2022 to 12/11/2022 maintaining all the protocols, rules and regulations of the school in each and every respect.

He is sincere, dutiful, punctual, and student friendly. I wish him every success in life.

Date: 12.11.2022

TEACHER-IN-CHARGE  
Dubai Rasiknagar Vivekananda Vidyayatan  
P.O. Maishali, P.S. Bhupatnagar  
Dist. Purba Medinipur

**MADHABPUR INDRA NARAYAN HIGH SCHOOL (H.S.)**  
Index No.- V2-258, H.S. Code - 119043, VIC Code - 3280, Dist. Code - 19192001906  
ESTD-1929  
P.O.—Madhabpur, Via - Kailagarh, Block - Bhagwanpur-II, P.S.- Bhupatnagar,  
Sub. Division - Contal, Dist.-Purba Medinipur (W.B) Pin.- 721626  
Email : madhabpurindranarayan@gmail.com

Ref. No. \_\_\_\_\_ Date \_\_\_\_\_  
From : Headmaster / President / Administrator  
To \_\_\_\_\_  
Sub. : \_\_\_\_\_

**CERTIFICATE OF INTERNSHIP**

This internship program certificate is proudly awarded to

**SHARMISTHA BARMAN**

S/O - RAMENDRANATH BARMAN having registration number 00976 of 2021-2022 with Roll PG/VUEGS32/PED-III Sem. and No.21029 for her outstanding completion of the internship program at our school from date 26.08.2022 to 12.11.2022.

During her internship she has demonstrated her skills with self-motivation to learn new skills. Her performance exceeded our expectations and she was able to complete the project on time. She is found to be hardworking, sincere and diligent.

We wish her all the best for her upcoming career.

Date: 12.11.2022  
Madhabpur Indranarayan High School (H.S.)  
P.O. Madhabpur - Purba Medinipur





# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia\_college@rediffmail.com // www.mugberiangangadhar mahavidyalaya.ac.in

## Annexure: IV

DAY-5-10



### SUMMARY OF DAILY WORK



Day-3<sup>rd</sup> Activity - Yoga

Day4th Activity - Practical(Yoga Asana)



DAY-5-10



## LAST DAY



Day 1 Activity - Theory English (Memory of Marble)



Day-2 Activity-Theory English (Wings)



Day- 3<sup>rd</sup> Activity - Yoga



Day4th Activity - Practical(Yoga Asanas)

### SUMMARY OF DAILY WORK







# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

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## Annexure: V

**INTERSHIP RECORD BOOK**  
MUGBERIA GANGADHAR MAHAVIDYALAYA  
DEPARTMENT OF PHYSICAL EDUCATION  
RAGHUNATHCHAK GUNADHAR VIDYAMANDIR  
RAGHUNATHCHAK, PURBA MEDINIPUR-721425



NAME:- **KABITA MURMU**  
CLASS ROLL- **11**  
ROLL- **PG-VUEGS32/PED/-IHS NO- 21011**  
PAPER CODE- **MPPC-304**  
SESSION- **2021-2023**

RECORD OF INTERSHIP PROGRAMME 2021-2023  
Department of Physical Education  
Mugberia Gangadhar Mahavidyalaya  
Purba Medinipur - 721425, W.B.

Name of Student: Kabita Murmu Class: M.P.Ed 3<sup>rd</sup> SEM Roll: 11  
Allotted Institute Name: Raghunathchak Gunadhar Vidyamandir  
Name of the H/M/TIC with Mob. No.: GAUTAM HALDAR 9833336118  
Name of the PET with Mob. No.: AREAN KHATAUA 9727967245

No of Day	Date	Class	Activity	Marks (Maximum 10)	Signature with Seal of the H/M/TIC/PET	Remarks
01	26/09/22	PG-VIII	Official job	8.00		Efficient
02	27/09/22	PG-VIII	Exam work	7.00		Good work
03	28/09/22	PG-VIII	Bengali callisthenics	8.50		Good work
04	29/09/22	PG-VIII	Science football match	9.00		Good work
05	30/09/22	PG-VIII	Official job	9.50		Good work
06	01/10/22	PG-VIII	Official job	7.50		Good work

EXPT NO. \_\_\_\_\_  
DATE \_\_\_\_\_  
PAGE NO. \_\_\_\_\_

No of Day	Date	Class	Activity	Marks (Maximum 10)	Signature with Seal of the H/M/TIC/PET	Remarks
07	02/10/22	PG-VIII	Official job	9.00		Good work
08	03/10/22	PG-VIII	Bengali callisthenics	9.50		Good work
09	04/10/22	PG-VIII	English	9.50		Good work

Teacher's Signature \_\_\_\_\_

EXPT NO. \_\_\_\_\_  
DATE \_\_\_\_\_  
PAGE NO. \_\_\_\_\_

Contents

S.NO	Subject	Page No	Date	Signature
1.	Introduction / About school	1		
2.	Interntship Program	2		
3.	1st day of Interntship Program	3	26/09/22	
4.	2nd day of Interntship Program	4	27/09/22	
5.	3rd day of Interntship Program	5	28/09/22	
6.	4th day of Interntship Program	6	29/09/22	
7.	5th day of Interntship Program	7	30/09/22	
8.	6th day of Interntship Program	8	01/10/22	
9.	7th day of Interntship Program	9	02/10/22	
10.	8th day of Interntship Program	10	03/10/22	
11.	Last day of Interntship Program	11	04/10/22	
12.	Experience	12		

Teacher's Signature \_\_\_\_\_

Experience

1. I learnt so many things in my interntship. It was a good experience for me.  
2. I learnt about how to organise a class. How to handle a class? How to conduct a class? How to maintain a class? & summary things.  
3. During this period, I meet with so many new faces. I faced so many good as well as bad situation & I learnt how to handle the situation in fraction of seconds. The days which I spent during my interntship period is unsungtable. Lastly I want to thank all the people who have supported me to make this programme whole heartedly.

EXAMINED  
Substg  
23/02/23

Teacher's Signature \_\_\_\_\_



Dr. Swapan Kr. Misra  
(Principal)  
Principal  
Mugberia Gangadhar Mahavidyalaya